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S<sup>2</sup>, be<sup>7</sup> e<sup>7</sup>r  
M e<sup>7</sup> b \*, e<sup>7</sup>b<sup>7</sup> e<sup>7</sup>e<sup>7</sup>m

e<sup>7</sup>e<sup>7</sup>e<sup>7</sup> 23 2008; e<sup>7</sup>e<sup>7</sup>e<sup>7</sup> e<sup>7</sup>e<sup>7</sup> r.m. 1 A r1 2009; e<sup>7</sup>e<sup>7</sup> 4 A r1 2009

**Abstract**

e<sup>7</sup>e<sup>7</sup>e<sup>7</sup> e<sup>7</sup>e<sup>7</sup> e<sup>7</sup> m e<sup>7</sup>e<sup>7</sup>e<sup>7</sup> e<sup>7</sup> b<sup>7</sup> e<sup>7</sup>r e<sup>7</sup> r.m. e<sup>7</sup> b<sup>7</sup> e<sup>7</sup> b  
e<sup>7</sup>e<sup>7</sup>e<sup>7</sup> e<sup>7</sup>r.B e<sup>7</sup> r, l E l S<sup>2</sup> e<sup>7</sup> l e<sup>7</sup>r e<sup>7</sup>, e<sup>7</sup> ( ), e<sup>7</sup>r r.m. e<sup>7</sup>









### 5. Subjects and topics

The first part of the study was a pilot study. The purpose of the pilot study was to test the feasibility of the study and to determine the sample size. The pilot study was conducted with 10 participants. The results of the pilot study showed that the study was feasible and that the sample size of 100 participants was appropriate.

The second part of the study was a randomized controlled trial. The purpose of the trial was to evaluate the effectiveness of the intervention. The trial was conducted with 100 participants. The results of the trial showed that the intervention was effective in reducing the risk of the outcome.

The third part of the study was a follow-up study. The purpose of the follow-up study was to evaluate the long-term effectiveness of the intervention. The follow-up study was conducted with 100 participants. The results of the follow-up study showed that the intervention was effective in reducing the risk of the outcome over a long period of time.

The fourth part of the study was a cost-effectiveness analysis. The purpose of the cost-effectiveness analysis was to evaluate the cost-effectiveness of the intervention. The cost-effectiveness analysis was conducted with 100 participants. The results of the cost-effectiveness analysis showed that the intervention was cost-effective.

The fifth part of the study was a health economic evaluation. The purpose of the health economic evaluation was to evaluate the health economic impact of the intervention. The health economic evaluation was conducted with 100 participants. The results of the health economic evaluation showed that the intervention had a positive health economic impact.





r , e7r e7r L r , e7 l , e7 - G l N E r . e7 , e7 (5), e7e7 e7Cb (5)  
e7 l e7 e7m r e7 r , , e7 , e7 e7 e7 e7r e7m . e7  
'be7 , k , e7 e7 l e7 l (5b).

(5) . r m r m r e7 e7 e7r e7 l , r e7 l m e7 e7 m k  
b. e7 e7  
e7 , e7 e7e7.

A e7 e7 e7 e7 be7, S<sup>2H</sup> H<sub>S</sub><sup>2HIF</sup> r r , E l e7r r , S<sup>2</sup>  
e7 e7 m r e7 Cb e7 l e7 . E m e7 (6) S<sup>2</sup> e7 m e7 S<sup>2H</sup> H<sub>S</sub><sup>2HIF</sup> r ,  
e7 e7 (6b) (6),<sup>6</sup>

1. ... r ... , ... l ... r k ... m ... b ... r ... r ... r ...

- (8) ...
- b. ...

(Cb) ... r ... l ... b ... r ... r ... l ... r ... l ... r ...

A ... r ... r ... Cb ... b ... r ... r ... r ... r ... r ...

E l ... ll ... Cb ... E6 ... b ... r ... r ... ll ... r ...

B ... r ... r ... r ... r ... r ... r ... r ... r ... r ...

- (9) B: ...
- b. ...
- A: ... I ...
- B: ... k ...
- A: ... l ... r ...

Al ... r ... b ... r ... l ... b ... r ... l ... 5.23% (19/363) ... b ...

E l ... 12.9% (56/433) ... F ... r ... r ... r ... r ...

Z b l ... b ... 2006).

S ... l ... r ... k ... r ... r ... r ... r ... 3. E ... k ...



(13) A. A6  $\frac{1}{2} \frac{1}{2} 1 \dots r \frac{1}{2} r \frac{1}{2} r \dots$   
 $\frac{1}{2} \frac{1}{2} 1 \frac{1}{2} \frac{1}{2} r, \frac{1}{2} r \dots 1?$   
 $\dots 46, \frac{1}{2} r \frac{1}{2}$



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