

Developed by SFU Health Promotion
Last Updated 2023

Territorial Recognition

SFU Health Promotion acknowledges that our unit operates within a colonial system that has caused substantial systemic harms to Indigenous peoples. We are committed to contributing to justice and equity for Indigenous peoples through our work and to advancing reconciliation and decolonization at SFU in alignment with the 2017 report of the SFU Aboriginal Reconciliation Council, Walk this Path with Us. We acknowledge that the three campuses of Simon Fraser

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SFU Health Promotion aims to achieve the following mission, vision through advancing the Healthy Campus Community Initiative. This is informed by the following guiding principles and team charter.

Mission

Health Promotion leads and facilitates systemic action to create healthy settings, enhance health equity and build community capacity for student mental health and well-being at SFU.

Vision

Health equity, mental health, and student well-being are valued, prioritized, and advanced through all policies, practices, spaces, and programming at SFU.

Guiding Principles

Holistic conceptualizations of health and well-being: We create space for learning with and from knowledge-informed, culturally inclusive practices that encompass various experiences, perspectives, identities, and understandings of health & well-being.

Relationship building: Partnerships are central to health promotion and through collective, relational action, we can create a healthy campus community.

Student voice:

and center student voice in the design of programs and initiatives.

Systemic action: Comprehensive and systemic action is needed to embed well-being across the institution, including individual and organizational levels and the academic mandate.

Building on strengths: An asset-based approach seeks and expands exemplary actions and activities that are creating conditions for well-being, while highlighting and celebrating shared progress.

Equity and justice: Principles of social justice, accessibility, cultural safety and equity are woven in all health promotion action to help reduce health disparities and contribute to justice. We approach our work through anti-oppressive, anti-racist, trauma-informed, healing-centered and socio-ecological lenses.

Decolonization, reconciliation and Indigenization: We are committed to advancing reconciliation, decolonization and Indigenization through our practices and programs. We acknowledge that we operate within a colonial institution and system that cause substantial harm to Indigenous peoples. We acknowledge the responsibility we each have individually and collectively to advance decolonization, equity and justice.

Evidence-informed and reflexive practice: We are committed to continual learning, reflexive practice, innovation and growth. Diverse research, evidence, evaluation, lived experience, and various sources of knowledge are drawn upon to inform strategies.

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