

## Introduction

Hi, I'm a marketing student at Beedie School of Business.

I went on exchange at BI Norwegian Business School during my 3<sup>rd</sup> year (spring semester) of university. The school (Norwegian name: Handelshøyskolen BI), as well as its main campus, is located in the capital city of Norway—Oslo. It's a private university, largest business school in Norway, and second largest in all Europe. I immediately got attracted to this huge "city-like" building when I saw its video on YouTube during my exchange research (<http://www.youtube.com/watch?v=pwukJbBrlsA>). This is the one that got my attention!! But I also found this newer version which is also very cool!

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The following are the pictures I took at Kringsja (where I stayed) - stunning both in winter and summer.

### Academic, social life and extracurricular activities

One thing I must say is that it is worth it to get the 4 month gym pass. You can have access to 3,4 major recreation centers including the one in the school. Also, you can take free lessons (yoga, weight training, aerobics etc.)

Besides that, there is also Oslo Vinterpark, a perfect place for Ski and Snowboard lovers. There is a student Friday, which the price is significantly reduced. You can also purchase the season pass.

I suggest that if you don't have a lot of friends from your home university to travel with you, be READY to make friends FAST! Go to all the social events, for example, bbq, bars, nightclubs, monthly Dinner (free dinner event) etc. In that way, you can find people to travel with you.

People usually start traveling as soon as they settle down in late January or February. So, join some travel groups, or arrange your own. Be brave and  
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