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KedgeBusiness SchoolBordeaux campus

Preparation for Exchange

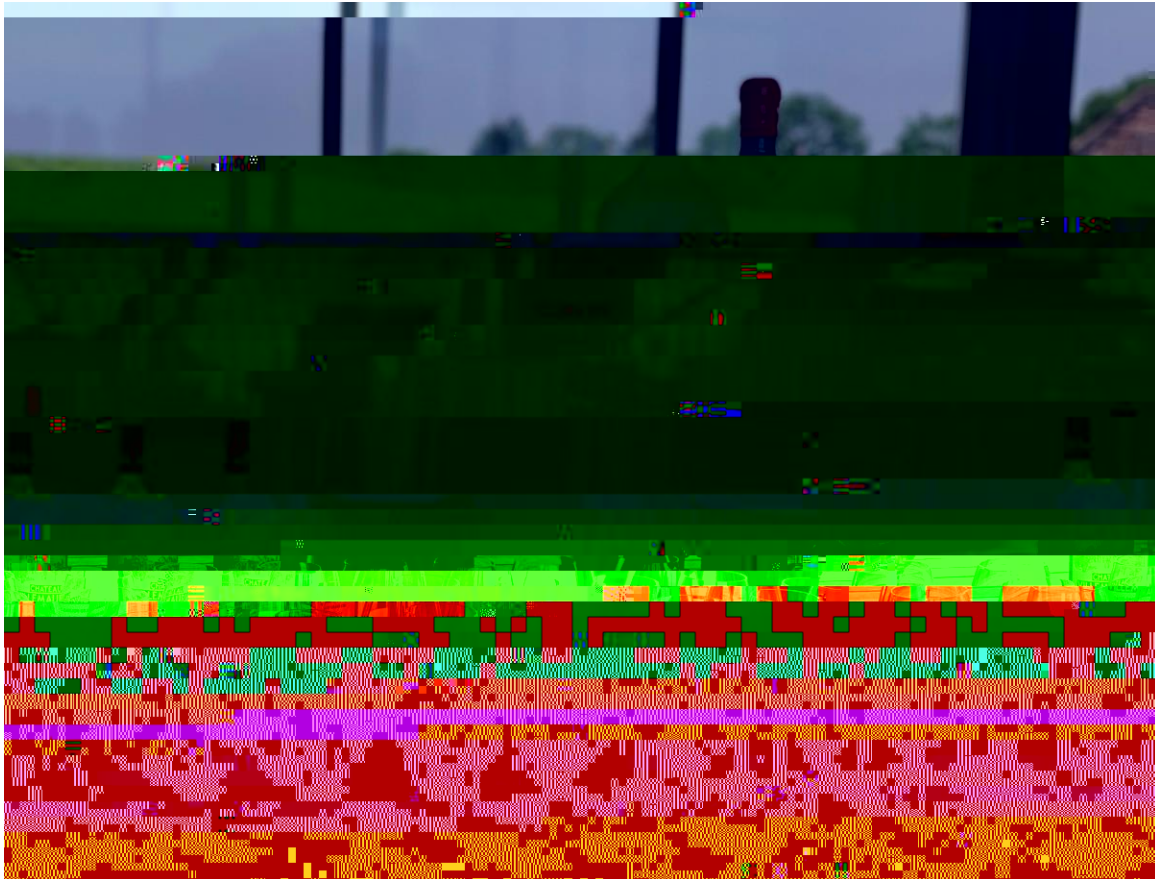
For the summer program at Kedge, I emailed the school advisor for the syllabuses of the courses so I could send them to the SFU academic advisors to see if the courses suited the necessary requirements to be transferred to SFU. This was the most crucial component to determining whether I was to enroll in the exchange program. Ultimately, both courses were transferrable to courses that I need to complete at SFU, which is why I chose this program.

I found the information provided in the Exchange 101 course on Canvas valuable to preparing for my time abroad, as this was my first time travelling by myself and a lot of the things required for travelling, I did not consider prior to my travels. Some of the critical things that were mentioned were medical vaccines. For this, I booked an appointment with my doctor to discuss my travels and compiled all my records of my history of medical vaccines. Then, I went to a travel clinic to get any necessary medical vaccines prior for my trip. Another thing the course mentioned was travel insurance. I had travel insurance

compensation I need. As you may have heard many airlines are not good at compensating their passengers if there are delays nor follow the countries guidelines regarding compensation, so having insurance is a nice backup in case anything like that happens.

Other things I did to prepare for my exchange were doing extensive research on the activities and attractions in each place and making a list of all the activities I wanted to do. As well, the school advisors emailed the students a welcome package, which provided a checklist of what we needed, tips on how to get around the town, and recommendations on activities to do.

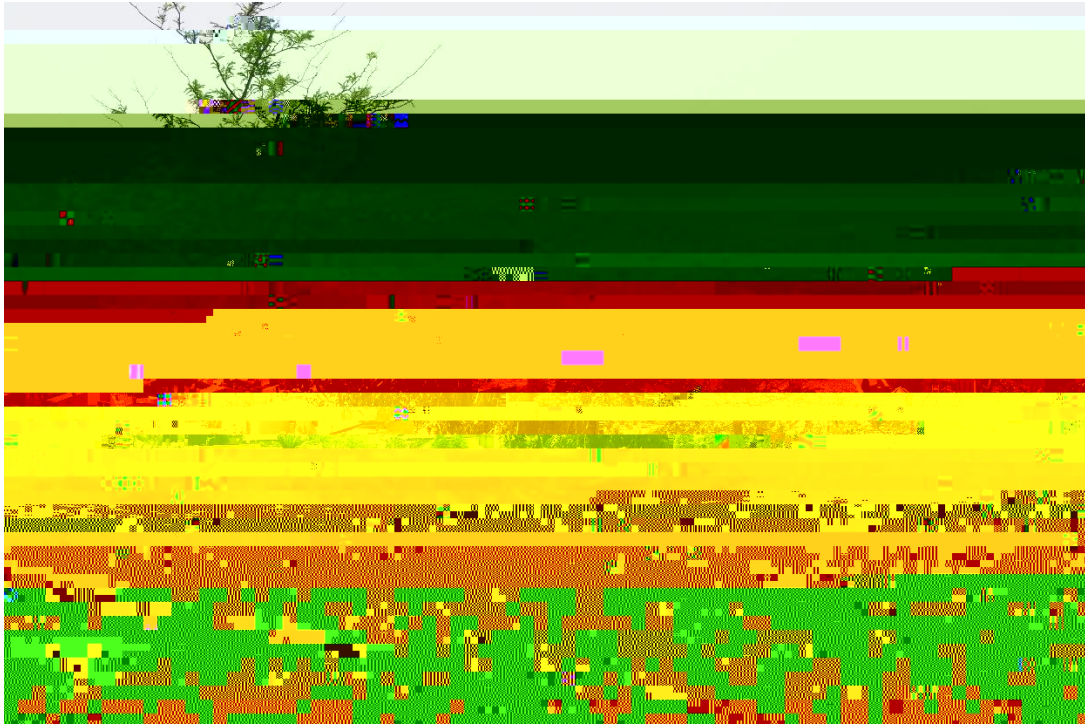
exam on Thursday. On Friday, each class had a cultural or business trip for the day. In Bordeaux, we went to Saint Emilion to visit a winery and had a tour around town. In Toulon, we went to the Toulon Design Parade. The course evaluations were very clear, both having an individual and group component. Everyone on their last class in the program got a completion certificate, so you will surely pass the course.



Wine tasting at Château Le Villemaurin in Saint Emilion

I went to France in late June/early July. In my first week, western Europe was experiencing a heatwave so the hottest it got was 39 degrees. Through the duration of my exchange, the weather included lots of sun and no rain, and was typically around the 30 degree range. I found French culture and customs to be different from Canadian culture. In France, the price included taxes. Restaurants, taxis, etc. As well, some stores closed for 1-2 hours in the middle of the day to give their employees a lunch break and stores tend to close around 7pm. Moreover, France was 9 hours ahead of Pacific time, so I experienced jetlag for my first few days in France. As well, I found that not everyone could speak or understand English, so it was very handy to know some French prior to going. I used sign language to communicate the rest.





Saint Tropez 2 hour bus ride from Toulon