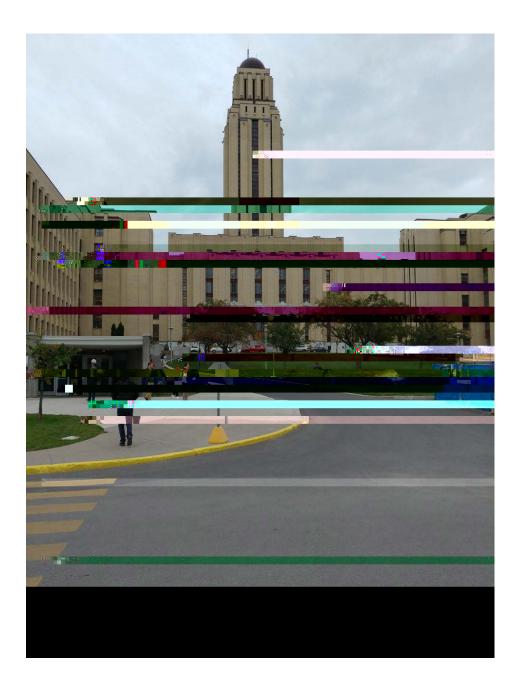
Exchange @ Université de Montréal Claire

Université de Montréal, Canada, political science, Fall 2018



Preparation for exchange

The number one thing for students who end up on single-term exchanges is to look for accommodations catered towards shorter-term stays. (Most leases tend to be a minimum of 8 months, or two semesters.)

In

I took the train up to Québec City (more pleasant than bus, in my opinion), which took a bit more than three hours to reach. I strongly recommend visiting there if you can, since it'll be a rather different experience

from Montréal; Vieux Québec features lovely decorations during the winter.

Reflection after exchange

For those who've never really lived on their own before, there may be an adjustment period, where you get used to the routines (figuring out groceries, cooking, etc.). Of course, homesickness may happen in the first few weeks; needless to say, keeping in touch with family and friends will help. It won't necessarily be easy to make new friends in class, but if you have specific interests, becoming engaged in the relevant local scenes will help.