

workers, nurses, midwives, physicians, personal support workers/ healthcare aides, technicians, and food services and housekeeping aides.

If you decide to participate, you will be requested to complete an online survey that asks demographic questions and about your work arrangement. The survey is important for providing context to the study and in preparation for our interview. The survey will take about 5-10 minutes to complete.

We will then schedule an interview, which should last between 45 to 60 minutes. During the interview, I will ask you questions about your personal experience of working in the healthcare sector in BC and your perceptions of how this work affects your health and wellness.

As a participant, you will choose whether to participate in-person or virtually (e.g., Zoom). However, due to my geographical location and funding limitation, in-person interviews will be more easily arranged in Metro Vancouver and Fraser Valley regions. Depending on demand for in-person interviews, I will also avail myself in areas surrounding Victoria (Vancouver Island) and Prince George. In-person interview locations will be selected to ensure your convenience.

contact information will be shared so you can freely access a 30-minute session. These sessions will be confidential.

Other (paid) professionals can also be reached through the [# @\# directory](#)

Whether or not you decide to participate in this study is completely up to you. Even if you decide to participate, you may choose to answer or not answer any of the questions posed during the interview. You may also end your participation at any time.

You may withdraw from participation in this study at any time before March 2025 by contacting me at alice_murage@sfu.ca. Following a request to withdraw from the study, I will delete all information pertaining to your participation. Withdrawing from the study will have no effect on you.

I will ask for your consent to voice record the interview with simultaneous transcription using [Otter.ai](#). This is a program that automatically converts voice to text. I want to record you because it is the most accurate way for me to remember what you have said. If you do not wish to be sound recorded, I will take detailed notes during the interview

