

A “Conversation” from the Toronto Town Hall Meeting

These words were kindly prepared for us by one of our focus group participants who spoke them at the Town Hall meeting held in Toronto on March 14, 2015. He has provided permission for us to share them with you on this site.

I have recently been faced with my own mortality at age 63 (soon 64), and only now understand the importance of having to put end-of-life plans in place.

part of the "dress-for-success" generation - always in control - as we "should" be.

community. We need to just take that extra care, document, prepare for any event involving conflict that might occur at a time when we are least able to act upon these concerns. Surge all in the LGBT community to follow my process of securing your final requests. You will feel lighter, free of further emotional burden not only to yourselves but to others who care about you OR don't care about you or for who you are.

While, I may sound well prepared and fulfilled with my recent actions, I still as you, fear the "process" that comes over us in a weakened state. Please realize that you are not alone, but you have to move beyond your maintained protective shield in order to feel you can die peacefully, knowing your wishes are being actioned when necessary. This is a time to clean house and yourself of those personal possess