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Work should lift a person out of poverty, not keep them there. Working families that do not earn a living wage may face diffcult choices, such as deciding between paying rent and purchasing healthy food. Earning a living wage provides security for families to avoid severe fnancial stress and is associated with better health for children, families, and their communities.

A living wage is not only infuenced by employers, but by economic and social policies that increase affordability for families (such as child care subsidies and public transit).

2 parents each working 35 hours per week, year-round



test — a living wage refects what earners in actual costs of living in a specific community.

and contract employees sufficient to provide

Monthly Expenses

	Housing	
	Phone & Internet	\$1,493.94
	Food	\$210.56
	Transportation	\$849.53
	Childcare	\$416.27
	Healthcare - MSP	\$1,478.83
	Healthcare - extended	\$150.00
	Clothing & footwear	\$130.00
	Parent education	\$162.00
	Other house.	\$75.29
	Par (ICIDation	0.77
	ontingency	\$762.70
Total Monthly Expenses: \$5,963.74		\$234.62
2 Spenses: \$5,963.74		

Median monthly rent of a 3-bedroom unit plus utilities, and insurance. (Source: community survey, Clayoquot Biosphere Trust)

Some communities in our region lack

3-bedroom rental units or have subsidized units, and this is not captured in the living wage.



Monthly cost of healthy eating for a family of four living in the central region of Vancouver

Island. (Source: Cost of Eating Report, Provincial Health Services Authority)

The living wage does not capture additional costs of food in our region. Food costs are up to higher than nearby

Port Alberni and only two of our eight

communities have adequate grocery stores, so they must pay to travel to buy healthy food.

(Source: Vital Signs, Clayoquot

Biosphere Trust)





Median monthly cost of full-time care for a 4-year-old, and out-of-school care during school holidays for a 7-year-old.

(Source: phone interviews with licensed providers in the region, Clayoquot Biosphere Trust)

