



Date: January 8, 2025

Attention: Research Employees

Re: Benefit Plans

Overview

Research employees and their eligible dependents may be eligible to enroll in the Extended Health and Dental More information on Pacific Blue Cross and Medical Services Plan is contained in this document.

IMPORTANT NOTES
Please note that NSERC, SSHRC and CIHR grant holders are not able to partially pay for benefits for Research Assistants.
BENEFIT COVERAGE IS NOT AUTOMATIC. You must apply to enroll for BOTH Extended Health and Dental benefits. Read below for more information.

1. Extended Health Plan (Pacific Blue Cross)

x What is it?

This plan will pay 80%, less a yearly deductible, of many of the services not covered by the Medical Services Plan (MSP) (subject to the terms and conditions of the carrier). These include, with limitations: prescription drugs, private or private room charges; ambulance services; out-of-province emergency hospital and physician services; paramedical practitioners; physiotherapist, chiropractor, massage practitioner).

Grant holders will pay 50% of the monthly premium for eligible research employees upon their written application.

x Eligibility:

- If your offer of employment states that you are eligible for Extended Health benefit plan; and
If you are enrolled in a basic provincial medical plan (BC MSP or other provincial plan) or private medical insurance/guard.me (proof of coverage is required), you are eligible to apply for the Extended Health Benefit plan.

x Application Process:

- Complete the Pacific Blue Cross PBC Application Form for Group Enrolment
Email your completed form to hradmin@sfu.ca
Include your legal name and your SFU ID number in the Subject line.
Indicate in this email which benefit (Extended Health and/or Dental) you are applying for.

2. Dental (Pacific Blue Cross):

x What is it?

This plan will pay 70% of basic preventative & restorative services, 85% of major restorative dental services, and 50% of orthodontics (for eligible children only), with frequency/financial limits. Enrollment is not automatic; see the application process below.

Grant Holders will pay 50% of the monthly premium for eligible research employees upon their written application.

x Eligibility:

- If your offer of employment states that you are eligible for Dental coverage and
If you are enrolled in a basic provincial medical plan (BC MSP or other provincial plan) or guard.me (proof of coverage is required); and
If you have been working for the same Grant Holder for one continuous year and will continue to work in that same position for at least another six months, you are eligible to apply for the Dental benefit plan

x Application Process:

- Complete the PBC Application Form for Group Enrolment
Email your completed form to hradmin@sfu.ca
Include your legal name and your SFU ID number in the Subject line.
Indicate in the email which benefit (Extended Health and/or Dental) you are applying for.

