

The Journal of Comparative Media Arts (Fall/Winter 2015)
Original Artwork

Together ()Apart

Artwork, Isabelle Kirouac

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each step. My artistic practice is about attention. Paying attention allows us to constantly be in research, to practice unknowing, to redefine ourselves in each moment. In this constant dance of holding on and letting go, we expose ourselves and witness each other. Through dance, I have been developing a greater awareness of my own body and exploring the nature of my relationships with others. Dance is a process of transformation: an aesthetic of change, which turns fear into curiosity. It is a form of social and political action that allows us to engage in an active dialog between each other, our environment and ourselves. It allows us to bring greater awareness to our senses, to get back in touch with our wild selves, to learn through meaningful experiences, to investigate challenging questions, and to collaborate in the creation of new possibilities. Driven by the urge to create artistic work that calls into being and holds a transformative potential, my artistic practice aims to provoke dialog and shared embodied experiences from which we can learn new ways of experiencing the world, relating to one another and perceiving our daily lives.

About the Artist

Isabelle Kirouac is an interdisciplinary choreographer, performer and educator from a small town in Quebec, currently living in Vancouver. She holds an M.F.A. in Interdisciplinary Arts from Simon Fraser University and a B.A. in Literature from Université du Québec À Montréal. Her ongoing training in improvisation, somatic practices, release-based movement techniques and contemporary circus inspires her work. Having spent many years moving in-between places, Isabelle often develops dances, installations and interactive performances that explore notions of border, place, identity and the poetic of the senses. She has been performing and teaching in Canada, USA, Mexico, Colombia, Spain, Greece, Estonia, Germany, the UK, Israel, Palestine, Morocco and Senegal. Isabelle collaborated and danced with Carpetbag Brigade Physical Theater, Karl Frost/Body Research, Guillermo Gomez Peña/La Pocha Nostra, Felix Ruckert, Theatre Junction, Emilio Rojas, Emmalena Fredriksson, Lea Kieffer, Eman Haram/the Geography of Elsewhere, amongst others.