





SFU Childcare Weekly Menu

*Please update allergies to Pamala Hamilton at sfuccs@sfu.ca

Monday	Date: 11 Month: Nov Year: 2024
	AM SNACK
	LUNCH Closed
	PM SNACK

Tuesday	Date: 12 Month: Nov Year: 2024
	AM SNACK Greek Yogurt
	LUNCH Olive Oil & Herb Pasta W/ Mix Veggies
	PM SNACK Oatmeal

Wednesday	Date: 13 Month: Nov Year: 2024
	AM SNACK Cereal & Milk 
	LUNCH Breaded Salmon W/ Cauliflower & Jasmine Rice
	PM SNACK Bagels 

Thursday	Date: 14 Month: Nov Year: 2024
	AM SNACK Cheese Scones 
	LUNCH Creamy Corn Chowder W/ Country Whole Wheat
	PM SNACK English Muffins 

Friday	Date: 15 Month: Nov Year: 2024
	AM SNACK
	Lunch Cheese Pizza W/ Salad
	PM SNACK

May Contain:



Gluten/Wheat



Milk



Eggs



Vegetarian

All snacks are served with a fruit or vegetable!