

SFU Sapperton Childcare Weekly Menu

*Please update allergies to Christina Evans at pcsapp@sfu.ca

Monday	Date: 11 Month: November Year: 2024
	AM SNACK
	LUNCH Closed
	PM SNACK

Tuesday	Date: 12 Month: November Year: 2024
	AM SNACK Dry Cereal Mix with Raisin and Boiled Egg
	LUNCH French Toast with Turkey Sausage & Fruits
	PM SNACK Toast with Program's topping of choice

Wednesday	Date: 13 Month: November Year: 2024
	AM SNACK Yogurt
	LUNCH Teriyaki Chicken Noodles, Veggies & Fruits
	PM SNACK English Muffins

Thursday	Date: 14 Month: November Year: 2024
	AM SNACK Cereal / MCD / BDC / EG

Friday	Date: 15 Month: November Year: 2024

May Contain:

Gluten/Wheat Milk Eggs Vegetarian

All snacks are served with a fruit or vegetable!