Chancellor Anne Giardini, Q.C. Convocation Address Fall 2015

If you go to Cambridge, England, which I hope you will have a chance to do, outside Corpus Christi College, you can visit a piece of street art called a "chronophage", which means "time eater". It takes the form of a grasshopper-like insect that moves its large jaws, and seems to "eat up" the seconds as they pass.

Below the clock is an appropriately cautionary , is this – find any time that you might have to be able to muster, and structure your task so that it fits into that time in a way that allow you to get dor what you want to achieve. There may not be a perfect time, and there may not be much of it as you'd like, if we can find some bits of it, and organize it in some way that makes sense, then we may be able to turn to scraps and moments into something enduring. The days cannot be stretched, but they can be shaped.

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nature of time requires that we consciously shape our goals and that we take up the things that are most important to us, our friends, our work, our families, our art, and fold them like origami into the time we have in life, or alternatively, shape the time we have to those important tasks.

It helps if we start by reframing to change our perspective of work as overwhelming, and time as severely limited.

If we come from mindset of scarcity, life will feel scant. When we come from a perspective of plenty, we experience life as abundant. Time is like this too. We should treat it as precious and profuse, not precious and inadequate. The reframing has to do with changing challenges – such as where to find time – into advantages – $\frac{1}{2}$