



Kinesiology Major/Honours Program Planner

NAME: _____

SEMESTER MAJOR APPROVED: _____

STUDENT NUMBER: _____

DATE: _____

GENERAL ELECTIVES and WQB:

24 units of lo

BPK 142 - Introduction to BPK (3)
 BPK 143 - Exercise: Health and Performance (3)
 BPK 201 - Biomechanics (3)
 BPK 205 - Introduction to Human Physiology (3)
 BPK 207 - Sensorimotor Control and Learning (3)

CHEM 121 - General Chemistry and Laboratory I (4)
 CHEM 122 - General Chemistry II (2)
 CHEM 281 - Organic Chemistry I (4)

MATH 154 - Calculus I for the Biological Sciences (3)
 (or MATH 150 or 151)
 MATH 155 - Calculus II for the Biological Sciences (3)
 (or MATH 152)

MBB 201 - Biochemistry of the Cell (3)
 (or MBB 231)

PHYS 101 - Physics for the Life Sciences I (3)
 (or PHYS 120 or 125 or 140)
 PHYS 102 - Physics for the Life Sciences II (3)
 (or PHYS 121 or 126 or 141)

STAT 201 - Statistics for the Life Sciences (3)

AND 1 OF:

BPK 110 - Human Nutrition: Current Issues (3)
 BPK 140 - Contemporary Health Issues (3)
 BPK 180W - Introduction to Ergonomics (3)
 BPK 241 - Sports Injuries - Prevention and Rehabilitation (3)



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UPPER DIVISION REQUIREMENTS

CORE COURSES:

- BPK 304W** - Inquiry and Measurement in BPK (3)
- BPK 305** - Human Physiology I (3)
- BPK 306** - Human Physiology II (3)
- BPK 310** - Exercise/Work Physiology (3)
- BPK 326** - Functional Anatomy (4)
- BPK 340** - Active Health: Behaviour and Promotion (3)

AND 1 OF:

- BPK 301** - Biomechanics Laboratory (3) (Q)
- BPK 407** - Human Physiology Laboratory (3)
- BPK 409** - Wearable Technology and Human Physiology (3)

*Students can count the other course(s) as BPK elective.

1 UPPER DIVISION ELECTIVE FROM ANY DISCIPLINE:
(excluding BPK 325, 342, 491, 495, and 499)

_____ (3 units)

GRADUATION GPAs:

- BPK Cum GPA of 2.00 or higher
- BPK UD GPA of 2.00 or higher
- CGPA of 2.00 or higher
- UD CGPA of 2.00 or higher

AND 7 OF:

- BPK 301** - Biomechanics Laboratory (3)* (If not already counted above)
- BPK 303** - Kinanthropometry (3)
- BPK 307** - Human Physiology III (3)
- BPK 308** - Experiments and Models in Systems Physiology (3)
- BPK 311** - Applied Human Nutrition (3)
- BPK 312** - Nutrition for Fitness and Sport (3)
- BPK 336** - Histology (3)
- BPK 343** - Active Health: Assessment and Programming (3)
- BPK 375** - Human Growth and Development (3)
- BPK 381** - Psychology of Work (3)
- BPK 401** - Muscle Biomechanics (3)
- BPK 402** - _____ - Auman GrPK7eouopmrsvpman Gt.9 (1)1.7 (pm).9 (a)69 (s)-