student researcher, but sometimes as a participant. Volunteering to be a participant in a can be a wonderful opportunity to contribute to understanding of how our bodies researchers might better help people living with health concerns. So, if you're thinking ald in a research study, what can you expect as a participant?

Victoria Claydon, Associate rofessor, Department of B K, SFU

involves before making a decision to take part - why it is being done, everything you will be asked to do as a participant, and whether there are any expected risks to you, or benefits to you, from taking part. Typically, you will be given an informed consent document that outlines the study in lay itensially should have dimensionally and be able to asas



if you choose to take part, then it is not informed consent. Ask the research team to explain anything you are not sure about.



## YOU CAN EX ECT TO SAY "NO" WITHOUT ANY CONSEQUENCES TO YOU

Whether you decide to take part in a research study is up to you. You can decide not to do the study without fear of a negative consequence. If you decide to say no you do not have to give a reason for your decision, and the research team should not ask you for one.

You can start the study and change your mind later, without any negative consequences, and without giving a reason. No one should pressure you into doing the study.

## YOU CAN EX ECT TO BE TREATED WITH DIGNITY AND RESPECT

The researchers should explain all the study procedures to you. If the researchers need to touch your body to do testing (for example to place measurement devices on you) the researchers should explain who will do this, where and when they will touch you, how the device will be fitted and to how research Ethics:





## YOU CAN EX ECT TO KNOW WHAT WILL HAPPEN TO THE INFORMATION COLLECTED ABOUT YOU

You have the right to knowwhat will happen to your data – howit will be stored, who will have access to it, howit will be reported, howlong it will be kept for, and howyour confidentiality will be respected. You can expect to be told howyou can obtain a copy of the findings of the research study when the study is finished if you want to learn more.

YOU CAN EX ECT TO BE SUPPORTED IN THE EVENT THAT YOU HAVE CONCERNS ABOUT YOUR EXPERIENCE AS A RESEARCH PARTICIPANT

